

Parental / Guardian Consent & U18 Participation Form

For North East Scottish Touch (NESTA) activities involving participants under 18

This form records the information and permissions needed for U18 participation in NESTA activities. Where an U18 may train or compete with players aged 18 or over, it also records the three-way participation decision: parent/carer consent, the young person's own agreement, and an authorised Coach / Session Lead assessment of suitability. The participant remains under 18 for safeguarding purposes throughout.

1. SAFEGUARDING AND WELFARE

The welfare and safety of children and young people is a priority. Coaches, team managers, medical personnel and volunteers working with young people must meet the safeguarding requirements applicable to their role, including PVG Scheme membership and relevant safeguarding training where required.

Coaches will be appropriately authorised for the role and will meet any applicable qualification, safeguarding-training and role-assurance requirements, or will operate under appropriate supervision where permitted.

Safeguarding concerns may be raised using the NESTA – Report an Incident, Complaint or Safeguarding Concern form or directly with the STA safeguarding contact where appropriate.

Safeguarding concerns will be handled under the applicable STA Responding to Concerns & Case Management Procedure

2. ASSESSMENT OF U18 PLAYERS

A player's welfare and safety will be the primary consideration when deciding whether an U18 is suitable for a particular session, competition, age group or playing environment. The authorised Coach / Session Lead may consider physical development, injury or medical information, skill and experience, the standard and physical demands of the activity, playing role and relevant environmental factors. The decision should be reviewed if the player's age, ability, health, circumstances or the activity materially changes.

3. U18 PARTICIPATION WITH ADULTS / MIXED-AGE TOUCH

An U18 may take part in an adult or mixed-age environment only where all parts of the participation decision are satisfied:

- Parent/carer consent is in place.
- The young person wants and agrees to take part.
- An authorised Coach / Session Lead has assessed the player as suitable for the particular environment.
- Appropriate U18 safeguarding arrangements remain in place.

Consent is not an entitlement to participate in a particular adult environment. If the young person does not wish to take part, or the authorised Coach / Session Lead is not satisfied that participation is suitable, the U18 should not take part in that adult element at that time.

4. PARTICIPANT DETAILS

Name of participant	Date of birth
Home address / postcode	Participant mobile / email (if applicable)

5. PARENT / GUARDIAN DETAILS

Name of parent / guardian	Relationship to participant
Mobile number	Email address

6. ALTERNATIVE EMERGENCY CONTACT

Please provide an alternative adult who can be contacted if the parent / guardian above is unavailable.

Name	Relationship	Telephone number
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7. MEDICAL INFORMATION

Please provide details of any medical conditions, allergies, medication, previous or existing injuries, or other information NESTA should know to support safe participation. Parents / guardians must advise the relevant NESTA official of any material change. Medication arrangements required during an activity should be agreed in advance.

Current medication	Allergies
Medical conditions / injuries / additional support / other relevant information	

8. EMERGENCY CARE

If illness or injury occurs during a NESTA activity, appropriate first aid may be provided. Where urgent medical attention is required, NESTA may contact the emergency services and take reasonable steps to ensure the participant receives appropriate care. Reasonable efforts will be made to contact the parent / guardian or nominated emergency contact as soon as practicable.

☐ Yes ☐ No I understand and authorise these emergency-care arrangements.

9. PHOTOGRAPHY, VIDEO AND MEDIA

NESTA/STA distinguishes between coaching/performance footage and publicity/promotional use. The participant's wishes should also be respected.

☐ Yes ☐ No I consent to photographs/video of the participant being recorded and used by NESTA and, where relevant to the activity, STA for coaching, technical analysis and player development.

☐ Yes ☐ No I consent to photographs/video of the participant being used by NESTA and, where relevant to the activity, STA for appropriate publicity and promotion, including Scottish Touch websites and social media.

At some competitions or events, event organisers, accredited photographers, media organisations or broadcasters may take photographs or video under arrangements outside NESTA/STA's control. NESTA/STA will provide available information where reasonably practicable but cannot guarantee that a participant will not appear incidentally in independently produced event or competition footage.

10. DATA PROTECTION AND CONFIDENTIALITY

Personal information on this form will be used for the safe organisation and administration of NESTA activities, including participant administration, safeguarding and welfare, emergency contact, medical and first-aid arrangements, competition participation and related communications. Medical, safeguarding and other sensitive information will be restricted to people who need it for an authorised purpose. Further information about how NESTA collects, uses, shares, retains and protects personal information, and about individual rights, is provided in the STA Privacy Notice. NESTA will handle personal information in accordance with the applicable [STA Data Protection Policy and Privacy Notice](#), together with any NESTA record-management arrangements adopted under them

11. REPRESENTATIVE AND EVENT-SPECIFIC ACTIVITIES

If the participant is selected for a representative squad or enters an activity requiring specific travel, competition or financial arrangements, additional event-specific information or consent may be required. Any overnight arrangements fall outside NESTA's normal youth arrangements and would require separate consideration under applicable STA requirements

12. FINAL DECLARATIONS

The signatures below record different parts of the participation decision. They should not be treated as three signatures confirming the same thing.

PARENT / GUARDIAN - CONSENT

- I confirm that I have parental responsibility or appropriate legal authority for the participant named on this form and am entitled to provide this consent.
- To the best of my knowledge, the information provided is accurate and complete and I will tell NESTA/STA about significant changes.
- I consent to the participant taking part in NESTA activities covered by this form, and I confirm that I have understood Sections 2 and 3 in relation to participation in training or competition that may include players aged 18 or over
- I understand that this consent does not guarantee participation in a particular adult or mixed-age environment: the young person must also agree, and an authorised Coach / Session Lead must assess participation as suitable.
- I understand that participation may be withdrawn or restricted where this is reasonably considered necessary for welfare or safety.

Parent / guardian name	Signature	Date

YOUNG PERSON - AGREEMENT

I have had the opportunity to ask questions about the activities covered by this form. Where I am taking part with players aged 18 or over, I agree that I want to take part in that environment. I understand that I can tell a Coach / Session Lead if I am uncomfortable or no longer want to take part.

Participant name	Participant signature	Date

AUTHORISED COACH / SESSION LEAD - SUITABILITY

Where adult or mixed-age participation is proposed, I confirm that I have considered the player's suitability for the relevant environment, including the factors described in Section 2, and that appropriate U18 safeguarding arrangements are in place. On that basis, I agree that participation may proceed. This assessment should be reviewed if circumstances materially change.

Coach / Session Lead name and role	Signature	Date

PARENT/CARER CONSENT + YOUNG PERSON'S AGREEMENT + COACH / SESSION LEAD SUITABILITY + APPROPRIATE SAFEGUARDS = PARTICIPATION MAY PROCEED

The participant remains under 18 for safeguarding purposes when taking part with adults.

Parental consent does not remove applicable safeguarding responsibilities or prevent an authorised Coach / Session Lead from declining, restricting or modifying participation where appropriate

NESTA reporting route: NESTA – Report an Incident, Complaint or Safeguarding Concern

Safeguarding concerns: Viv Mathieson | safeguarding@touch.scot | 07814 468071